



## Transmitted Infection (STI) Risk Assessment

Please answer these questions as honestly as possible. This risk assessment is for your personal use. If you would like to discuss this risk assessment with our doctor, please bring it with you to your appointment.

Please tick the appropriate box:

- I am starting or ending a relationship.
- I may have been exposed to an STI.
- I have a symptom (or my partner has a symptom).
- I have questions or concerns.

All the above are valid reasons for seeking STI testing.

### Relationships

1. What is your current relationship status?

- No steady partner     Multiple partners
- Steady partner     Other: \_\_\_\_\_

2. Do you discuss sexual history and testing with your partner(s)?

- Always     Sometimes     Never

*Open discussion of sexual history with your partner(s) is recommended to assess your own risk of STIs and to plan for appropriate prevention and screening.*

### 3. Recent Health

In the past 12 months, have you been diagnosed with any STI? (STIs include chlamydia, gonorrhoea, genital herpes, HPV, genital warts, HIV/AIDS, trichomonas, syphilis, pelvic inflammatory disease, and others.)

- Yes     No

4. Sexual History ("Sex" includes oral, vaginal, or anal sex, and a sexual partner is somebody with whom you have had oral, vaginal, or anal sex.)

1. In the past 12 months, have you had more than one sexual partner?

- No     Yes

2. In the past 12 months, do you think your sexual partner(s) had any other partners?

- No     Not sure     Yes

3. In the past 12 months, have you had sex with a new partner?



No  Yes

4. Are you currently planning on having sex with a new partner?

No  Not sure  Yes

5. In the past 12 months, how often have you used condoms during vaginal or anal intercourse?

Always  Some of the time

Most of the time  Never

#### Interpretation

If you answered "Yes" or "Not sure" to questions 1-4, you may be at higher risk for STIs. If you answered anything other than "Always" to question 5 (condom use), you may be at higher risk for STIs.

If you are currently experiencing symptoms, you should seek treatment. Call 020 8767 8389 for an appointment. Also, if you would like to learn more about STI prevention, consider making an appointment with our doctor.